

Digital media log started

Date

Week 1 | Technology used | Hrs | % of my waking day | Ethical issues noticed |

Mon | Twitter | 2 | 20% | Racist comments |

Tues | Facebook | 1 | 10 | Fake news and more racism |

Wed | Texting | 5 | 50% | Discrimination and Racism |

Thurs | Email | 1 | 10% | Fake news |

Fri | Instagram | 1 | 10% | Sexism jokes |

Sat | Facebook | 2 | 20% | More discrimination, racism and fake news |

Sun | Email | 1 | 10% | More fake news and Unethical actions or comments |

Week 2

Mon | Texting | 4 | 40% | Sexist and racist remarks |

Tues | Instagram and Facebook | 3 | 30% | Fake news articles and hateful comments |

Wed | Email | 2 | 20% | Unprofessional communication |

Thurs | Texting | 5 | 50 | Hateful remarks and assumptions |

Friday | Facebook | 1 | 10% | Unprofessional advertising |

Sat | Instagram | 2 | 20% | Fake news and sexist "jokes" |

Sun | Texting | 3 | 30% | Discriminating comments and cruel jokes |